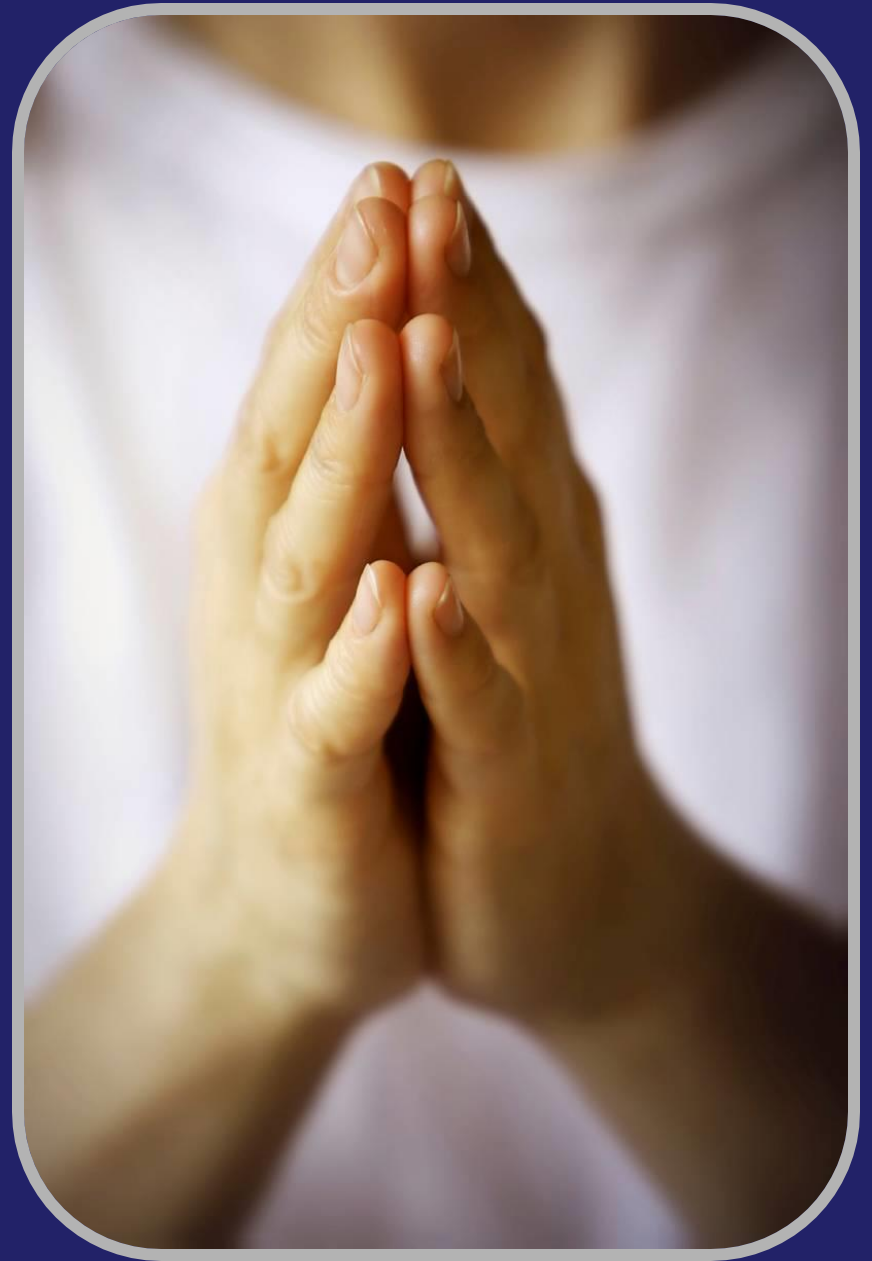


**The Lord's
Prayer
IN MOTION!**



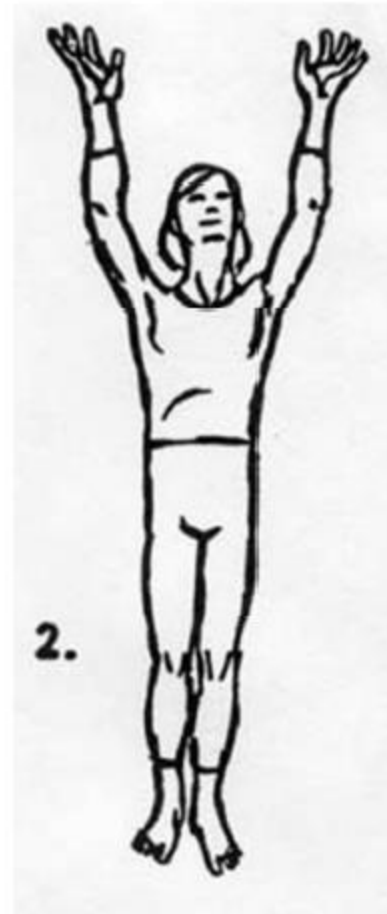
Our Father

Stand erect.
Raise arms and hands,
palms
open.
Raise face.
Smile.



in heaven

Look up, smiling.
Raise arms over head.
Hands with palms still
open.



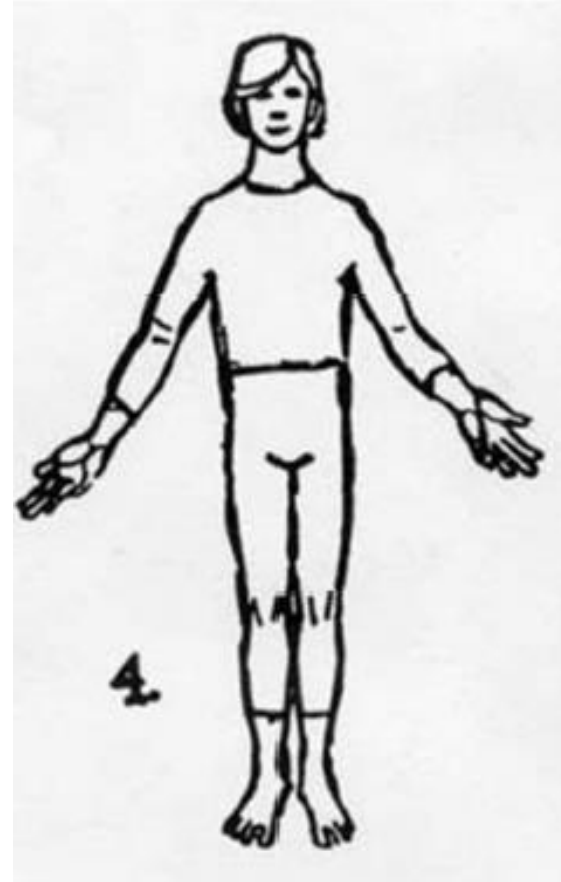
Hallowed be your name

Lower head and eyes.
Lower hands to face.
Fingers cover mouth,
overlapping.
Elbows wide.



Your kingdom come

Raise head and eyes.
Spread arms wide.
Hands with palms open
and out.



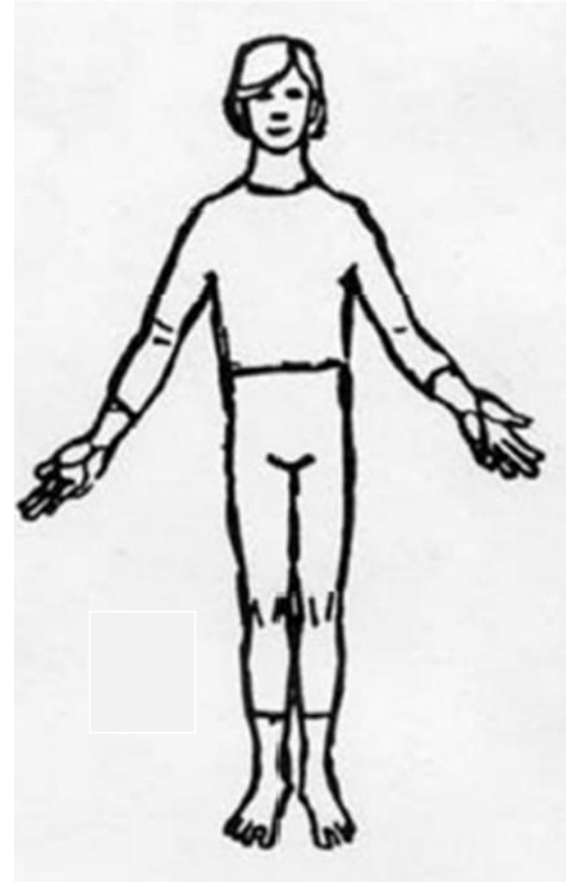
Your will be done

Lower head and eyes.
Bring hands together.
Palms together.
Fingertips at lips.



On Earth

Raise head and eyes.
Spread arms wide.
Hands with palms open
and out.



As in Heaven

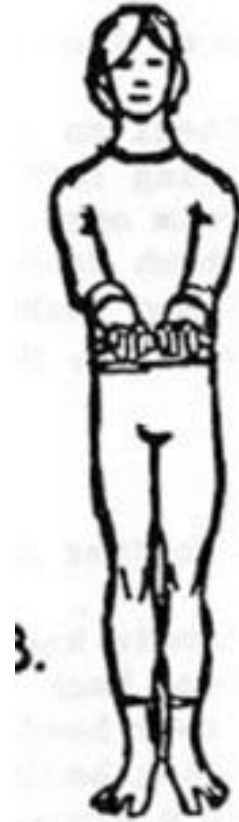
Stand erect.
Raise arms and hands,
palms
open.
Raise face.
Smile.



Give us today

Stand.

Look up with confidence,
arms parallel,
bent at elbows
hands together,
palms up and open,
fingers cupped



our daily bread

Swing elbows out.
Keep palms up and open,
overlap hands in front of
belly
palms still up and open
fingers still cupped.



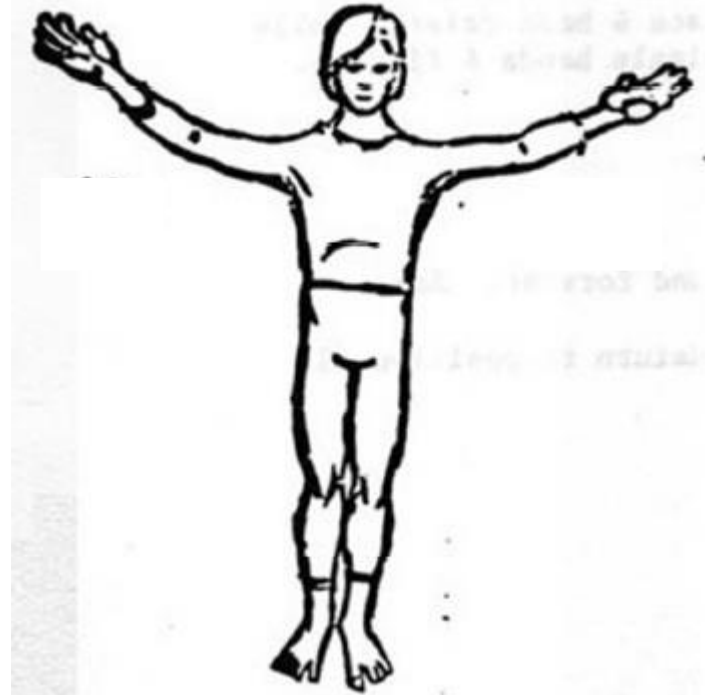
Forgive us our Sins

Lower your head
Bring both hands up
tight to your chest



*as we forgive those
who sin against us*

Head and eyes still
lowered,
extend right hand
and left hand like a
crucifixion



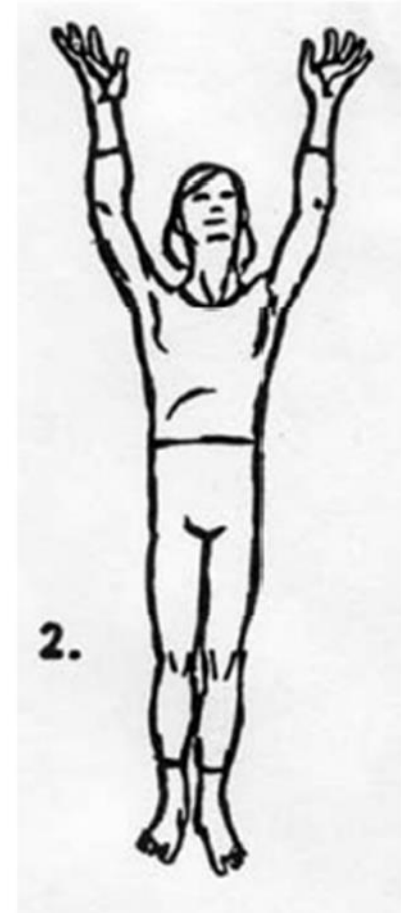
*Lead us not into
temptation but
Deliver us from Evil*

Put one hand over your
eyes and another out as
to say stop



For the Kingdom

Raise head and eyes.
Spread arms wide.
Hands with palms
open and out.



The Power!

Clinch Your Fist in
Power



and the glory are yours

Extend arms full length,
face and head raised; smile.
Wiggle hands and fingers.



now and forever. Amen.



Chapel Time With Pastor Geoff

Christ Presbyterian Church
Christ Presbyterian Preschool

September 2013

Images from: www.adnetonline.org

